



# MATT SIMS

ENGAGE | EMPOWER | INSPIRE

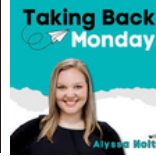
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LEADER ★  
COACH ★  
CONSULTANT ★  
SPEAKER ★  
PRESENTER ★  
PODCASTER ★  
BLOGGER ★



FEATURED ON:



## SAMPLE DISCUSSION TOPICS

- Building a Culture of Continuous Improvement
- Business Transformation & Culture Change
- Change Management
- Operational Excellence & High Performance
- Leadership
- Communication & Generational Diversity

## SAMPLE INTERVIEW QUESTIONS

- How do you approach developing a culture of continuous improvement within an organisation, and what strategies have you found most effective in encouraging employees to embrace change and innovation?
- When leading transformation initiatives, how do you navigate cultural shifts within the organisation to support the change process?
- What methodologies or frameworks do you employ to drive operational excellence and maintain high performance standards?
- How do you define effective leadership, and what characteristics do you believe are essential for inspiring and guiding teams towards success? Can you share personal learnings from your career?
- Managing change can often be met with resistance. How do you effectively communicate the need for change to teams and stakeholders to ensure buy-in throughout the process?
- With a diverse workforce spanning multiple generations, how do you tailor your communication style to effectively engage and motivate employees of different age groups?

## WHAT PEOPLE SAY

"Among many Podcasting programs which focus on the Lean and the next generation of optimized manufacturing systems, I find Ever-So-Lean Podcast to be on the top. Matt is truly a master in producing well-structured and scientifically founded interviews with the leading experts on the topic. Matt's ability to cover all aspects of lean effects in an organization and his attention to useful details of continuous improvement is second to none."

Dr Michael Sanders - OCM Sensei & Quantum Lean Grand Master



"The power in Matt's panel speech was that 'success' has many measures, and salary is only one of them. He talks from the heart in a highly engaging and inspiring way, sharing his love of podcasting and his people skills shine through. He was a wonderful speaker for this audience and I hope he will return. I would recommend him as a speaker."

Kathy Moulton - Employment Officer, University of Kent



"Matt delivered a hugely engaging session as part of an employability roadshow we offered to a group of young adults. I was massively grateful to him and his energy, enthusiasm and knowledge will truly inspire the people he met."

Ian Overhead - National Schools Manager  
Kingswood Learning & Leisure Group



"Matt's ability to captivate and educate his audience is exceptional. Whether he is hosting his podcast or presenting at a conference, his style is consistently engaging, passionate and seemingly effortless. This approach not only makes complex topics accessible but also deeply resonant. At our recent event, Matt masterfully connected with the audience, delivering insights that were both thought-provoking and immediately applicable. What sets Matt apart is his unique blend of authenticity and expertise. His presentations go beyond mere information sharing; they inspire and provoke meaningful change. This rare quality has made a significant impact on my professional development and, undoubtedly, on that of many others."

Polina Merkulova - Change Analyst, Luminate,  
Leeds City College



"I just had to collaborate with him and invited Matt along to host our annual internal awards which was a huge success. He was well received among our guests and understood the audience which was truly impressive. As well as having great professionalism, conversations I've had with Matt have shown that his interest in Lean is truly authentic, asking us lots of questions about our business and how we deploy our Lean management, Working with him has been easy from start to end and would happily recommend."

Sarah-Jane Bacchus

Continuous Improvement, Smiths Group Plc



"Matt is an amazing podcaster and speaker. When my book was published, I recorded many podcasts with a multitude of hosts. Matt stood out as one of the top podcasters that I spoke with."

Lynn Kelley - Author & Change Director



"Matt spoke at our annual Continuous Improvement event. He is one of the most engaging speakers. I watched as the audience leant-in as he spoke, all captivated by his enthusiastic delivery style. I recommend listening to his Ever-So-Lean podcast, spreading the word globally of the benefits in embracing a continuous improvement / operational excellence ethos and culture. I can't recommend Matt highly enough and firmly believe he'd bring a sprinkle of magic to any endeavour."

Jayne Price - Head of CI, STFC RAL Space



Matt is a great podcast host who understands not only about lean six sigma and agile but also how to listen and conduct an interview.

Gene Lee - VP Platform Automation, Radar Hire



"Matt came to speak at a team development event I arranged. Matt was great, it was an hour-long engaging presentation and relatable for the delegates at the event. There was really positive feedback from delegates who enjoyed the presentation, and they have advised that it has inspired them to do more learning and think more about how they can apply the principles shared in their roles going forward (which is exactly what I hoped Matt's presentation would achieve). Matt's just a generally really upbeat, friendly, relatable and professional person who is adaptable and listened carefully to meet the brief (and also offered advice and input). It was a pleasure to work with him on this event and I would definitely consider booking him again!"

Beck Travis-Booker

Head of Training Program Management, NHS England



## BIO

Meet Matt Sims, an internationally renowned figure in leadership, business transformation, change and operational excellence. With an irresistible charisma and captivating presence that effortlessly attracts engagement, Matt transcends the role of speaker and host—he embodies a beacon of excellence that engages, empowers and inspires diverse audiences.

Recognised as an industry visionary, Matt holds a British Quality Foundation (BQF) Lean Mastery certification, and in 2024 was

elevated to BQF Excellence status for contributions to excellence, further underscoring his unwavering commitment to business excellence. Matt's reputation is forged from over two decades of diverse learning and experience.

Starting humbly on the frontline, he ascended through leadership levels to ultimately hold Senior Operations roles at the UK postal carrier, Royal Mail. His trajectory continued upward as he assumed leadership of continuous improvement and learning and development functions across the UK & ROI, Europe, and globally at the tech giant Amazon. Matt embodies leadership in every aspect, emerging as a genuine catalyst for excellence. With his adept knowledge of continuous improvement methodologies and a people-focused approach, he continues to reshape industries and expand the horizons of what's achievable, further evidenced through the Ever-So-Lean Learning Series and the Ever-So-Lean Rising Stars (CI education for young minds).

What truly distinguishes Matt is his remarkable ability to develop people and forge meaningful connections with individuals of diverse backgrounds, knowledge, and experiences. His authentic and relatable experiences enable him to inspire audiences wherever he goes. Whether he's assisting a client, facilitating a workshop, delivering a keynote at a conference, hosting an event, or sharing insights in an interview, Matt's passionate energy and visionary leadership shine through, leaving an enduring impression on all who encounter his message.

As an operational excellence, transformation and change leader, as well as a bar-raising training content creator and provider, Matt's mission is clear: to engage, empower and inspire others, supporting change, fostering growth, and leaving a lasting legacy of transformation wherever he goes. With his infectious enthusiasm and unwavering commitment to excellence, Matt brings functional and inspirational wisdom to every endeavor.

Additionally, Matt is the esteemed host of the popular Ever-So-Lean Podcast, boasting a global listener base in the tens of thousands across more than 94 countries. Widely acclaimed, the podcast was nominated for 'Best Business Podcast' at the 2023 UK Podcast Awards, and Matt himself is a nominee for 'Best Host' at the 2024 awards.

## COLLABORATING WITH MATT



### SPEAKING

All of Matt's captivating keynotes provide customised options to suit client needs, igniting and empowering the audience. Each talk is meticulously curated, delivering impactful messages that linger long after the event.

Popular topics include:

- Mailroom to Boardroom: A Career Against the Odds
- Organisational Transformation: The Alchemy of Success
- Leadership Excellence: Empower Your Teams
- Building a Culture of Continuous Improvement
- Mastering Communication: The Art of Impactful Diverse Leadership
- Leading Through Disruption: Navigate Change and Fuelling Growth



### LEARNING

Partner with Matt to unlock potential and achieve lasting success through his Ever-So-Lean Learning Series. Explore a variety of tailored learning options. From self-guided certificated continuous improvement training, engaging 'Lean Thinking' workshops, to CI and problem solving learning for young minds (Ever-So-Lean Rising Stars), Matt offers diverse opportunities for growth.

Benefit from virtual or in-person coaching on competences like leadership, public speaking, people and process management, and podcasting, or bespoke support to meet your goals.

Examples include:

- Continuous Improvement Practitioner I
- Continuous Improvement Practitioner II
- Continuous Improvement Practitioner III
- Facilitated Workshops
- Leadership
- Public Speaking
- Lean Leadership for C-suite
- Podcasting Basics



### HOSTING

Add that something extra special with Matt as your standout host. Renowned for his infectious charisma, unavoidable humour, adaptability, and infectious energy, Matt raises the bar when hosting. With his dynamic presence, he keeps audiences engaged, entertained and on time, all whilst creating a lively and memorable atmosphere. All hosting content is unique to the client brief and approval.

Examples Include:

- Corporate Events
- Awards Ceremonies
- Celebrations
- Fundraisers & Charity Functions
- Away-days
- Community Events
- Galas
- Live Performances & Shows
- TV, Radio & Podcast